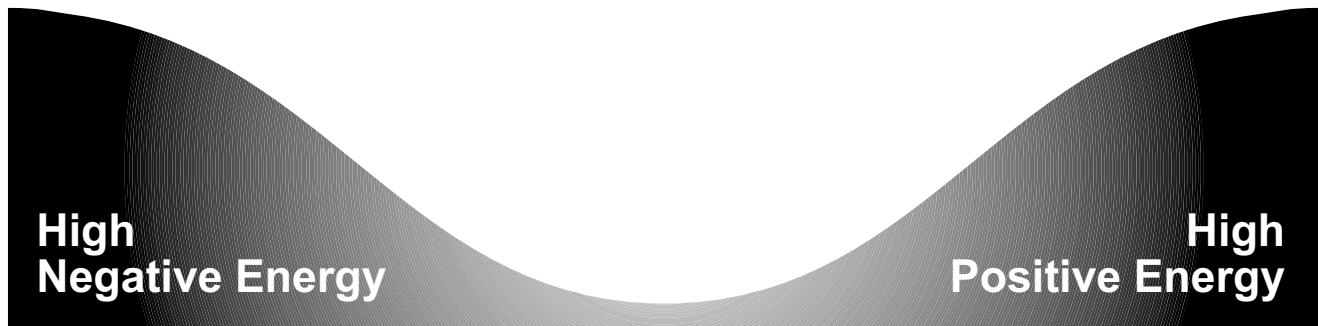


Three Cultures at Work



Hostility

Anger, anxiety

Cynicism

Flooding

Indignation

Low productivity

Indifference

Disengagement

Depression

Loneliness

Isolation

Low productivity

Appreciation

Camaraderie

Commitment

Pride in work

and group

Optimal productivity

Physiological Impact:

Increase in hormones,

adrenaline, cortisol

Risk factor for heart

disease, rapid aging

Immune system

compromised

Increased # illnesses

Risk factor for cancer

Increased endorphins

Enhanced immune system

Longevity, health

Feelings of well being

Relief from symptoms

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